

Values

Think of someone you admire, what particular 1 or 2 qualities does this person possess that you admire?

Think of a favorite poem, piece of literature or film, what particular 1 or 2 qualities does it reflect that you identify with?

Think of a particular situation where you took a stand for yourself on an important issue, what were the values you were protecting at the time?

I love:

I enjoy:

What I find hilarious is:

I feel a sense of achievement when:

I am inspired by:

I believe in:

What I know to be true is:

The values I am connected to are:

- .
- .
- .
- .
- .
- .
- .

